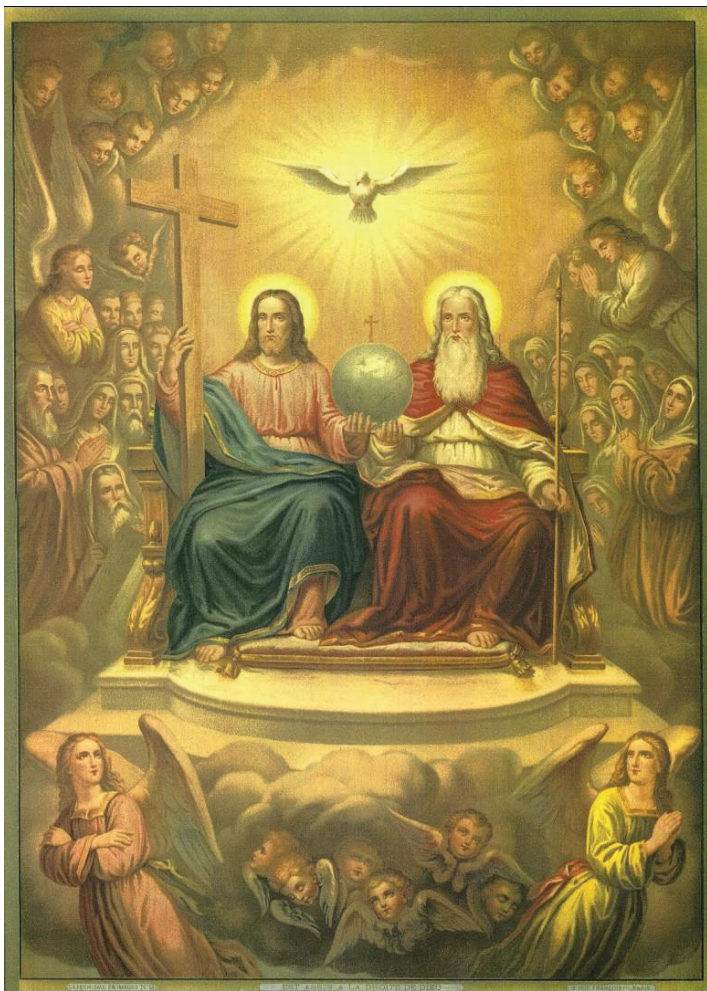


*Holy Souls*  
*Read Me or Rue It*  
*by Fr. Paul O'Sullivan, O.P. (E.D.M.)*



*This Booklet will be a  
Revelation to Many*

*Thank You Jesus*

## *Saint Gertrude*

*According to tradition, Jesus told St. Gertrude in a vision that the following prayer would release 1,000 Souls from Purgatory each time it is said.*

*The prayer was later extended to include living sinners as well.* ★

“ETERNAL FATHER, I OFFER THEE THE MOST PRECIOUS BLOOD OF THY DIVINE SON, JESUS, IN UNION WITH THE MASSES SAID THROUGHOUT THE WORLD TODAY, FOR ALL THE HOLY SOULS IN PURGATORY, for sinners everywhere, for sinners in the universal Church, those in my own home and within my family. Amen.”

## Morning Offering

O Jesus, though the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass offered throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and also for the intentions of the Holy Father.

Amen.

“Anything we do, without offering it to God, is wasted.”

-St. John Vianney

## *Saint Faustina*

*O Jesus, You inspired Saint Faustina a great devotee of your immense Mercy, grant me, through her intercession, and according to your most holy will, the grace (here say to grace that you wish to receive), for which I am praying to you. Given that I am a sinner, I am not worthy of your Mercy. I ask you therefore, through the spirit of dedication and sacrifice of Sister Faustina and through her intercession, to answer the prayers that I faithfully present to you.*

*Our Father - Hail Mary - Glory be to the Father  
Saint Faustina,  
pray for us.*

“Whatever you ask from her, she will obtain for you.”

-Pope Gregory XVI on St. Philomena

O Saint Philomena, Virgin and Martyr, whom God glorifies by so many miracles, whom the vicar of Jesus Christ has named the Protectress of The Living Rosary and the Children of Mary, manifest, more and more plainly from the heights of Heaven, that a voice holy as thine cannot be denied and that we have the right to rely upon thine aid. Obtain for us the grace to be the faithful to Jesus Christ, even to death.

Amen.

Divine Mercy Chaplet in Song every Friday at 3pm.  
Sacred Heart Church, Oldpark Road, North Belfast.  
Email [DivineMercyBelfast@gmail.com](mailto:DivineMercyBelfast@gmail.com)

# HELP, HELP, THEY SUFFER SO MUCH!

**I.** We can never understand too clearly that every alms, small or great, which we give to the poor we give to God.

He accepts it and rewards it as given to Himself. Therefore all we do for the Holy Souls God accepts as done to Himself. It is as if we relieved or released Him from Purgatory.

What a thought! How He will repay us!

**II.** As there is no hunger, no thirst, no poverty, no need, no pain, no suffering to compare with what the Souls in Purgatory endure so there is no alms more deserving, none more pleasing to God, none more meritorious for us than the alms, the prayers, the Masses we give to the Holy Souls.

**III.** It is very possible, that some of our own nearest and dearest ones are still suffering the excruciating pains of Purgatory and calling on us piteously for help and relief.

Is it not dreadful that we are so hardened as not to think more about them, that we are so cruel as to deliberately forget them!

For the dear Christ's sake let us do all, but all, we can for them.

Every Catholic ought to join the Association of the Holy Souls.

*"We should consider those moments spent  
before the blessed sacrament as the happiest  
days of our lives"*  
*-St. John Vianney*

# READ ME OR RUE IT

by E.D.M. .

## Approval of His Eminence the Cardinal Patriarch of Lisbon

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Cardinal's Palace,  
Lisbon.

We approve and recommend with all our heart the beautiful little book ***Read me or Rue it*** by E.D.M.

Although small it is destined to do great good among Catholics, many of whom are incredibly ignorant of the great doctrine of Purgatory. As a consequence they do little or nothing to avoid it themselves and little to help the poor souls who are suffering there so intensely, waiting for the Masses and prayers which should be offered for them.

It is our earnest desire that every Catholic should read this little book and spread it about as widely as possible.

04/03/1936

M. Cardinal Patriarch

*"You must accept your cross if you bear it  
courageously it will carry you to Heaven"*

*-St. John Vianney*



## FOREWORD

### READ ME OR RUE IT

This title is somewhat startling, yet dear Reader, if you peruse the little book you will see for yourself how well deserved it is.

The book tells us how to save ourselves and how to save others from untold suffering.

Some books are good and may be read with profit. Others are better and should be read without fail.

There are, however, books of such sterling worth by reason of the counsels they suggest, the conviction they carry with them, the urge to action they give us that it would be sheer folly not to read them.

*Read me or Rue it* belongs to this class.

It is for your best interest, dear friend, to read it and re-read it, to ponder well and deeply on its contents. You will never regret it, rather great and poignant will be your regret if you fail to study its few but pregnant pages.

*“Pray, Hope  
& Don't Worry”*

*- St. Padre Pio*

## PURGATORY

*Have pity on me, have pity on me at least you my friends for the hand  
of the Lord is heavy upon me.*

This is the touching prayer that the poor souls in Purgatory address their friends on Earth, begging, imploring their help, in accents of the deepest anguish. Alas! many are deaf to their prayers.

It is incomprehensible how some Catholics, even those who are otherwise devout, shamefully neglect the souls in Purgatory. It would almost seem that they do not believe in Purgatory. Certain it is that their ideas on the subject are very hazy.

Days and weeks and months pass without their having a Mass said for the Holy Souls! Seldom too, do they hear Mass for them, seldom do they pray for them, seldom so they think of them! Whilst they are enjoying the fullness, health and happiness, busy with their work, engrossed with their amusements, the poor souls are suffering unutterable agonies on their beds of flame.

What is the cause of this awful callousness? Ignorance, gross, inexplicable ignorance.

People do not *realize* what Purgatory is. They have no conception of its dreadful pains and they have no idea of the long years that souls are detained in these awful fires. As a result they take little, or no care to avoid Purgatory themselves, and worse still, they cruelly neglect the poor souls who are already there and who depend entirely on them for help.

Dear Reader, peruse this little book with care and you will bless the day that it fell into your hands.

*“My Cup Is Overflowing With  
Love For You.”*

*“It Is The Lord Who Speaks.”*

## 1. WHAT IS PURGATORY

It is a prison of fire in which nearly all souls are plunged after death and in which they suffer the intensest pain.

Here is what the great Doctors of the Church tell us of Purgatory.

So grievous is their suffering that one minute in this awful fire seems like a century.

St. Thomas of Aquin, the Prince of Theologians, says that the fire in Purgatory is equal in intensity to the fire of Hell, and that the slightest contact with it is more dreadful than all the possible sufferings of this Earth!

St. Augustine, the greatest of the Holy Doctors, teaches that to be purified of their faults previous to being admitted to Heaven, souls after death are subjected to a fire more penetrating, more dreadful than anything we can see, or feel, or conceive in this life.

“Though this fire is destined to cleanse and purify the soul,” adds the Holy Doctor, “still it is more acute than anything we could possibly endure on Earth.”

St. Cyril of Alexandria does not hesitate to say: “that it would be preferable to suffer all the possible torments of Earth until the Judgement Day, than pass one day in Purgatory.”

Another great Saint says: “Our fire, in comparison with the fire of Purgatory is as refreshing as a breeze.”

The other Holy Writers speak in identical terms of this awful fire.

### **How comes it that the pains of Purgatory are so severe?**

1. The fire we see on Earth was made by the goodness of God for our comfort and well being. Still, when used as a torment it is the most dreadful one we can imagine.

2. The fire of Purgatory, on the contrary, was made by the justice of God to punish and purify us and is, therefore, incomparably more severe.

3. Our fire, at most, burns this gross body of ours, made of clay, whereas the fire of Purgatory acts on the spiritual soul, which is unspeakably more sensitive to pain.

4. The more intense our fire is the more speedily it destroys the victim who, therefore, ceases to suffer, whereas the fire of Purgatory inflicts the keenest, most violent pain but never kills the soul nor lessens the sensibility.

5. Unsurpassingly severe as is the fire of Purgatory, the pain of loss or separation from God, which the souls also suffer in Purgatory, is far more severe. The soul separated from the body craves with all the intensity of its spiritual nature for God. It is consumed with an intense desire to fly to Him. Yet it is held back. No words can describe the anguish of this unsatisfied craving.

What madness, therefore, it is for intelligent beings to neglect taking every possible precaution to avoid such a dreadful fate.

It is puerile to say that it can't be so, that we cannot understand it, that it is better not to think, or speak of it. The fact remains always the same, whether we believe it or whether we don't that the pains of Purgatory are beyond everything we can imagine or conceive. These are the words of St. Augustine.

## **2. CAN ALL THIS BE TRUE?**

The existence of Purgatory is so certain that no Catholic has ever entertained a doubt of it. It was taught from the earliest days of the Church and was accepted with undoubting faith wherever the Gospel was preached.

The doctrine is revealed in Holy Scripture, and has been handed down by Tradition, taught by the infallible Church and believed by the millions of faithful of all times.

Yet, as we have remarked, the ideas of many are vague and superficial on this most important subject. They are like a person who closes his eyes and walks deliberately over the edge of a yawning precipice.

They would do well to remember that the best means of lessening our term in Purgatory, or of avoiding it altogether, is to have clear ideas of it, to think well on it and to adopt the means God offers for avoiding it.

Not to think of it is fatal. It is nothing else than preparing for themselves a fearfully long and rigorous Purgatory.

### **The Polish Prince**

A Polish Prince, who, for some political reason, had been exiled from his native country, bought a beautiful castle and property in France.

Unfortunately he had lost the faith of his childhood and was at the time of our story engaged in writing a book against God and the existence of future life.

Strolling one evening in his garden he came upon a poor woman weeping bitterly. He questioned her as to the cause of her grief.

"Ah, Prince," she replied, "I am the wife of Jean Marie, your former steward, who died two days ago. he was a good husband to me and a faithful servant to your Highness. His sickness was long and I spent all our savings on the doctors and now I have nothing left to get Masses said for his soul."

The Prince, touched by her grief, said a few kind words and, though professing to no longer believe in a future life, gave her some gold coins to have Masses said for her husband's soul.



Some time after, it was again evening and the Prince was in his study working feverishly at his book. He heard a loud rap at the door and, without looking up, called out to the visitor to come in. The door slowly opened and a man entered and stood facing the Prince's writing table.

On glancing up what was not the Prince's amazement, to see Jean Maric, his dead steward, looking at him with a sweet smile.

"Prince," he said, "I come to thank you for the Masses you enabled my wife to have said for my soul. Thanks to the saving Blood of Christ, which was offered for me, I am now going to Heaven, but God has allowed me to come and thank you for your generous alms."

He then added impressively: "Prince, there is a God, a future life, a Heaven and a Hell."

Having said these words he disappeared. The Prince fell on his knees and poured forth a fervent Credo.

### **St. Antoninus and his friend**

Here is a narrative of a different kind but not less instructive.

St. Antoninus, the illustrious Archbishop of Florence, relates that a pious gentleman and a great friend of the Dominican Convent in which the Saint resided, died. Many Masses and suffrages were offered for his soul.

The Saint was very much afflicted when, after a lapse of a long time, the soul of the poor gentleman appeared to him, suffering excruciating pains.

"Oh, my dear friend," exclaimed the Archbishop, "are you still in Purgatory, you who led such a pious and devout life?" "Yes, and I shall remain there still for a long time, replied the poor sufferer, for when on Earth, I neglected to offer suffrages for the souls in Purgatory. Now God by a just judgement, has applied the suffrages which have been offered for me to those souls for whom I should have prayed."

"But God, too in his justice will give me all the merits of my good works when I enter Heaven, but first of all I have to expiate my grave neglect in regard to others."

So true are the words of Our Lord: "By that measure with which you measure, it will be measured to you again."

Remember you who read these lines, that the terrible fate of this pious gentlemen will be the fate of all those who neglect to pray for and refuse to help the holy souls.

## **3. HOW LONG DO SOULS REMAIN IN PURGATORY?**

The length of time souls are detained in Purgatory depends on:

a) the number of their faults;

- b) on the malice and deliberation with which these have been committed;
- c) on the penance done, or not done, the satisfaction made, or not made for sins during life;
- d) much, too, depends on the suffrages offered for them after death.

What can be safely said is that the time souls spend in Purgatory, as a rule, is very much longer than people commonly imagine.

We will quote a few of the many instances which are recounted in the lives and revelations of the Saints.

St. Louis Bertrand's father was an exemplary Christian, as we should naturally expect, being the father of so great a Saint. He had even wished to become a Carthusian monk until he learned that it was not God's will for him.

When he died after long years spent in practice of every Christian virtue, his saintly son fully aware of the rigours of God's justice, offered many Masses and poured forth the most fervent supplications for the soul he so dearly loved.

A vision of his father still in Purgatory forced him to intensify a hundred-fold his suffrages. He added most severe penances and long fasts to his Masses and prayers. Yet eight whole years passed before he obtained the release of his father.

St. Malachy's sister was detained in Purgatory for a very long time, despite the Masses, prayers and heroic mortifications the Saint offered her!

It was related to a holy nun in Famphluna, who succeeded in releasing many Carmelite nuns from Purgatory that most of these had spent there terms from thirty to sixty years! Carmelite nuns in Purgatory for forty, fifty and sixty years! What will it be for those living midst the temptations of the world and with all their hundreds of weaknesses?

St. Vincent Ferrer, after the death of his sister, prayed with incredible fervour for her soul and offered many Masses for her release. She appeared to him at length and told him that, had it not been for his powerful intercession with God, she should have remained an interminable time in Purgatory.

In the Dominican Order it is the rule to pray for the Master Generals by name on their anniversaries. Many of these have been dead *several hundred years!* They were men especially eminent for piety and learning. This rule would not be approved by the Church were it not necessary and prudent.

We do not mean to imply that all souls are detained equally long periods in the expiatory fires. Many have committed lesser faults and have done more penance. Therefore their punishment will be much less severe.

Still the instances we have quoted are very much to the point, for if these souls who enjoyed the intimacy, who saw the example and shared in the intercession of great Saints during their lives and who, after death, were aided by their most efficacious suffrages, yet were detained for such a length of time in Purgatory, what may not happen to us who enjoy none of these wonderful privileges?

## Why such lengthy expiation?

The reasons are not difficult to find.

1. The malice of sin is very great. What appears to us small faults are in reality serious offences against the infinite goodness of God. It is enough to see how the Saints wept over their faults.

We are weak, it may be urged. That is true, but then God offers us abundant graces to strengthen our weakness, gives us light to see the gravity of our faults and the necessary force to conquer temptation. If we are still weak the fault is our own. We do not use the light and strength He so generously offers us, we do not pray, we do not receive the sacraments, as we should.

2. An eminent Theologian wisely remarks that if souls are condemned to Hell because of one mortal sin *for all eternity*, it is not to be wondered at that other souls should be detained for long years in Purgatory who have committed countless deliberate venial sins, some of which are so grave that at the time of their commission the sinner scarcely knows if they are mortal or venial. They may have committed, too, many mortal sins for which they have had little sorrow and done little or no penance. The guilt has been remitted by absolution, but the pain due to the sins will have to be paid in Purgatory.

Our Lord tells us that we shall have to render an account for each and every idle word we say and that we may not leave our prison until we have paid the *last farthing*.

The Saints committed few and slight sins and still they sorrowed much and did severe penances. We commit many and grave sins and we sorrow little and do little or no penance.

### Venial Sins

It would be difficult to calculate the immense number of venial sins that any Catholic commits.

a) There are an infinite number of faults of self love, selfishness, thoughts, words and acts of sensuality, too, in a hundred forms; faults of charity in thought, word and deed; laziness, vanity, jealousy, tepidity and innumerable other faults.

b) There are sins of omission which we pay so little heed to. We love God so little yet He has a thousand claims on our love. We treat Him with coldness, indifference and base ingratitude.

He died for each one of us. Do we ever thank Him as we ought? He remains day and night on the Altar waiting for our visits, anxious to help us. How seldom we go to Him! He longs to come into our hearts in Holy Communion and we refuse Him entrance. He dies for us on the Altar every morning at Mass and gives oceans of graces to those who assist at the Great Sacrifice. Yet many are too lazy to go to this Calvary! What an abuse of grace!

c) Our hearts are mean and hard, full of self love. We have happy homes, splendid food, warm clothing, an abundance of all good things. Many around us live in hunger and misery and we give them so little while we spend lavishly and needlessly on ourselves.

d) Life is given us to serve God, to save our souls. Most Christians, however, are satisfied to give God five minutes of prayer in the morning, five minutes at night! The rest of the 24 hours is given to work, rest and pleasure. Ten minutes to God, to our immortal souls, to the great work we have to do, viz, our salvation. Twenty three hours and fifty minutes to this transitory life! Is it fair to God?

It may be alleged that our work, our rest, our sufferings are done for God! They should be and then our merits would be, indeed, great. The truth is that many scarcely ever think of God during the day. The one engrossing object of their thoughts is self. They think and labour and rest and sleep to satisfy self. God gets very little place in their day and in their minds. This is an outrage to His loving heart which is ever thinking of us.

### **Now to come to mortal sins**

e) Many Christians unfortunately commit mortal sins during their lives, but though they confess them they make no due satisfaction for them, as we have already said.

The Venerable Bede appears to be of the opinion that those who pass a great part of their lives in the commission of grave sins and confess them on their death bed may be detained in Purgatory until even the last day.

St. Gertrude in her revelations states that those who have committed many grave sins and have not done due penance, may not share in the ordinary suffrages of the Church for a very considerable time!

### **Conclusion**

All those sins, mortal and venial, are accumulating for the 20, 30, 40, 60 years of our lives. Each and every one has to be atoned for after death. Is it any wonder that souls have to remain so long in Purgatory?

*"Set aside time, and allow certain hours to the welfare of  
your soul"  
-St. Augustine*

## 4. WHY PRAY FOR THE POOR SOULS?

Our Lord's great law is that we must love one another, genuinely and sincerely. The first great commandment is to love God with all our heart and soul. The second, or rather a part of the first, is to love our neighbour as ourselves. This is not a counsel or a mere wish of the Almighty. It is His great commandment, the very base and essence of His law. So true is it that He takes as done to Himself what we do for our neighbour, and refused to Him what we refuse to our neighbour.

We read in the Gospel of St. Matthew (c. 25. V 34-36) the words that Christ will address the just on the Judgement Day.

*34. Come, ye blessed of my Father, possess you the kingdom prepared for you from the foundation of the world.*

*35. For I was hungry, and you gave Me to eat: I was thirsty and you gave Me to drink: I was a stranger, and you took Me in.*

*36. Naked, and you covered Me; sick, and you visited Me: I was in prison, and you came to Me.*

*37. Then shall the just answer him, saying: Lord, when did we see Thee hungry, and fed Thee; thirsty, and gave Thee drink?*

*38. And when did we see Thee a stranger, and took Thee in? or naked, and covered Thee?*

*39. Or when did we see Thee sick or in prison, and came to Thee?*

*40. And the king (God) answering, shall say to them: Amen I say to you, as long as you did it to one of these my least brethern, you did it to Me.*

*41. Then He shall say to them also that shall be on His left hand: depart from Me, you cursed, into everlasting fire which was prepared for the devil and his angels.*

*42. For I was hungry, and you gave Me not to eat. I was thirsty, and you gave Me not to drink.*

*43. I was a stranger, and you took Me not in: naked and you covered Me not: sick and in prison, and did not visit Me.*

*44. Then they also shall answer him saying: Lord, when did we see Thee hungry, or thirsty, or a stranger, or naked, or sick, or in prison, and did not minister to Thee?*

*45. Then he shall answer them saying: Amen I say to you as long as you did it not to one of these, neither did you do it to Me.*

*46. And these shall go into everlasting punishment: but the just, into life everlasting*

Some Catholics seem to think that this law has fallen into abeyance in these days of self assertion and selfishness, when every one thinks only of himself and his personal aggrandizement. "It is useless to urge the law of love nowadays" they say "everyone has to shift for himself, or go under."

No such thing. God's great law is still and will ever be in *full force*. Nay it is more than ever necessary, more than ever our duty and more than ever our own best interest.



## **We are bound to pray for the Holy Souls.**

We are always bound to love and help each other but the greater the need of our own neighbour the more stringent and the more urgent this obligation is. It is not a favour that we may do or leave undone, it is our duty, we must help each other.

It would be a monstrous crime for instance to refuse the poor and destitute the food necessary to keep them alive. It would be appalling to refuse aid to one in direst need, to pass by and not to extend a hand to save a drowning man. Not only must we help others when it is easy and convenient but we must make every sacrifice, when needs be, to succour our brother in distress.

Now who can be in more urgent need of our charity than the souls in Purgatory? What hunger, or thirst, or dire sufferings on this Earth can compare to their dreadful torments? Neither the poor, nor the sick, nor the suffering, we see around us, have any such urgent need of our succour. Yet we find many good hearted people who interest themselves in every other type of suffering, but alas! scarcely one who works for the Holy Souls.

Who can have more claim on us? Among them too, there may be our mothers and fathers, our friends and near of kin.

## **God wishes us to help them.**

In any event they are God's dearest friends, He longs to help them, He desires most earnestly to have them in Heaven. They can never again offend Him and they are destined to be with Him for all Eternity. True, God's justice demands expiation of their sins, but by an amazing dispensation of His Providence He places in *our hands* the means of assisting them, He gives us the power to relieve and even release them. Nothing pleases Him more than when we help them. He is as grateful to us as if we helped Himself.

## **Our Lady wants us to help them.**

Never did a Mother of this Earth love so tenderly a dying child, never did she strive so earnestly to soothe its pains, as Mary seeks to console Her suffering children in Purgatory, to have them with her in Heaven. We give Her unbounded joy each time we take a soul out of Purgatory.

## **The Holy Souls will repay us a thousand times over.**

But what shall we say of the feelings of the Holy Souls themselves? It would be utterly impossible to describe their unbounded gratitude to those who help them!

Filled with an immense desire to repay the favours done them they pray for their benefactors with a fervour so great, so intense, so constant that God can refuse them nothing. St. Catherine of Bologna says: "I received many and very great favours from the Saints but still greater favours from the Holy Souls."

When they are finally released from their pains and enjoy the beauty of Heaven, far from forgetting their friends on earth, their gratitude knows no bounds. Prostrate before the Throne of God they never cease to pray for those who helped them. By their prayers they shield their friends from the dangers and protect them from the evils that threaten them.

They will never cease these prayers until they see their benefactors safely in Heaven and will be for ever their dearest, sincerest and best friends.

Did Catholics only know what powerful protectors they secure by helping the Holy Souls they would not be so remiss in praying for them.

### **The Holy Souls will lessen our Purgatory.**

Another great grace that they obtain for their helpers is a short and easy Purgatory, or possibly its *complete* remission!

*Blessed John of Massias*, the Dominican lay brother, had a wonderful devotion to the souls in Purgatory. He obtained by his prayers, (chiefly by the recitation of the Rosary), the liberation of *one million four hundred thousand souls!*

In return they obtained for him the most abundant and extraordinary graces and came at the hour of his death to help and console him and accompany him to Heaven. This fact is so certain that it is inserted by the Church in the Bull of his Beatification.

*The learned Cardinal Baronius*, recounts a similar incident. He was himself called to assist a dying gentleman. Suddenly a host of blessed spirits appeared in the chamber of death, consoled the dying man and chased away the devils who sought by a last desperate effort to compass his ruin.

When asked who they were, they made answer that they were eight thousand souls whom he had released from Purgatory by his prayers and good works. They were sent by God, so they said, to take him to Heaven without his passing one moment in Purgatory.

*St. Gertrude* was fiercely tempted by the devil when she came to die. The evil spirit reserves a dangerous and subtle temptation for our last moments. As he could find no other ruse sufficiently clever with which to assail the Saint, he thought to disturb her beautiful peace of soul by suggesting that she would surely remain long years in the awful fires of Purgatory since, he reminded her, she had made over long ago all her suffrages to others souls. Our Blessed Lord, not content with sending His Angels

and the thousand souls, she had released, to assist her, came Himself in person to drive Satan away and comfort His dear Saint. He told her that in exchange for all she had done for the Holy Souls He would take her straight to Heaven and would *multiply a hundredfold* all her merits.

*Blessed Henry Suso*, of the Dominican Order, made a pact with a fellow religious to the effect that when one of two died the survivor would offer two Masses each week for his soul and other prayers as well.

It so fell out that his companion died first and Blessed Henry commenced immediately to offer the promised Masses. These, he continued to say for a long time. At last quite sure that the soul of his saintly friend had reached Heaven he ceased offering the Masses.

Great was his sorrow and consternation when the soul of the dead Brother appeared to him suffering intensely and chiding him for not celebrating the promised Masses. He replied with deep regret that he had not continued the Masses believing that his friend must be enjoying the Beatific Vision and added that he had ever remembered him in prayer.

“O dear Brother Henry please give me the Masses, for it is Precious Blood of Jesus that I most need,” cried out the suffering soul.

Blessed Henry began anew and, with redoubled fervour, offered Masses and prayers for his friend until he received absolute certitude of his delivery. Then it was his turn to receive graces and blessings of all kinds from the dear Brother he had relieved, and very many times more than he could have expected.

## 5. HOW WE CAN HELP THE HOLY SOULS

I. The first means is by joining the Association of the Souls of Purgatory.

The conditions are easy:

- a) Say a Prayer every day for the Holy Souls.
- b) Offer all the good works, prayers, sufferings and indulgences, of one day in each week, preferably Sunday, for them. There is no necessity to do anything new or extraordinary but just offer what one is accustomed to do on that day.
- c) Give an alms every year for the Association:
- d) Get as many people as possible to join the Association.

***Those who wish to join and have not the Association in their parishes, can send their names, address and annual alms to the Association in Travessa do Corpo Santo, 32, Lisbon, Portugal.*** This Association is approved by the Cardinal Archbishop of Lisbon.

II. A second means of helping the Holy Souls is by having Masses offered for them. This is certainly the most efficacious way of relieving them.

III. Those who cannot get many Masses offered, owing to want of means, ought to *assist at* as many Masses as possible for this intention.

A young man, who was earning a very modest salary, told the writer: "My wife died a few years ago. I got 10 Masses said for her. I could not possibly do more but *heard 1000* for her dear soul."

IV. The recital of the Rosary with its innumerable indulgences, the Way of the Cross, which is also richly indulgenced, are excellent means of helping the Holy Souls. Blessed John of Massias, as we saw, released from Purgatory, more than a million souls, chiefly by reciting the Rosary and offering its innumerable indulgences for them.

V. Another easy and efficacious way is by the constant repetition of short indulgenced prayers. Many people have the custom of saying 500, or 1,000 times each day the little ejaculation *Sacred Heart of Jesus, I place my trust in Thee*, or the one word, *Jesus*. These are the most consoling devotions and bring oceans of graces to those who practice them and give immense relief to the Holy Souls.

Those who say the ejaculations 1,000 times a day gain *300,000 days* indulgence! What a multitude of souls they can thus relieve! What will not be at the end of a month, a year, 50 years? And if they do not say the ejaculations what an immense number of graces and favours they shall have lost. It is quite possible and even easy to say these ejaculations 1,000 times a day. But if one does not say them 1,000 let them say them 500 or 200 times.

VI. Still another powerful prayer is: *Eternal Father I offer you the most Precious Blood of Jesus with all the Masses being said this day all over the world for the Souls in Purgatory*.

Our Lord showed St. Gertrude a vast number of souls leaving Purgatory and going to Heaven as a result of this prayer which the Saint was accustomed to say frequently during the day.

VII. The Heroic Act, consists in offering to God in favour of the Souls in Purgatory all the works of satisfaction we practice during life and all the suffrages that will be offered for us after death. If God rewards so abundantly the most trifling alms given to a poor man in His name what an immense reward will He not give to those who offer *all their works of satisfaction* in life and death for the souls He loves so dearly.

This Act does not prevent priests from offering Mass for the intentions they wish, or lay people from praying for any persons or other intentions they desire. We counsel every one to make this act.

*St. Monica,*  
*"Pray, Pray, Pray"*

## **Alms help the Holy Souls.**

St. Martin gave half of his cloak to a poor beggar to find out afterwards that it was to Christ he had given it. Our Lord appeared to him and thanked him.

Blessed Jordan of the Dominican Order could never refuse an alms when it was asked in the name of God. One day he had forgotten his purse. A poor man implored an alms for the love of God. Rather than refuse him, Jordan, who was then a student, gave him a most precious girdle which he prized dearly. Shortly after he entered a church and found his girdle encircling the waist of Christ Crucified. He too, had given his alms to Christ. We all give our alms to Christ.

### **Resolution**

- a) Let us give all the alms we can afford;
- b) Let us have said all the Masses in our power;
- c) Let us hear as many more as it is possible;
- d) Let us offer all our pains and sufferings *for the relief of the Holy Souls.*

We shall thus deliver countless souls from Purgatory, who will repay us ten thousand times over.

*“There is no Saint without  
a past, no sinner without a  
future.”*

*-St. Augustine*



## 6. WHAT THE HOLY SOULS DO FOR THOSE WHO HELP THEM

St. Alphonsus Liguori says that though the Holy Souls cannot merit for themselves, they can obtain for us great graces. They are not, formally speaking, intercessors as the Saints are but, through the sweet Providence of God, they can obtain for us astounding favours and deliver us from evils, sickness and dangers of every kind.

It is beyond all doubt, as we have already said, that they repay us a thousand times for anything we do for them. The following facts, a few of hundreds which we might quote, are sufficient to show what powerful and generous friends the Holy Souls are.

### **How a girl found her mother.**

A poor servant girl in France once heard a sermon on the Holy Souls which made an indelible impression on her mind. She was deeply moved by the thought of the intense and unceasing sufferings the souls endure and horrified to see how cruelly they are neglected and forgotten by their friends on Earth.

Among other things the preacher stressed was that many souls who are in reality near to their release - one Mass might suffice to set them free - are oftentimes long detained, it may be for years, just because the last needful suffrage has been withheld, or forgotten or neglected!

With her simple faith Jeanne Marie resolved, that, cost what it might, she would have a Mass said for them, every month, especially for the soul nearest to Heaven. She earned little and it was sometimes difficult to keep her promise, but she never failed.

On one occasion she went to Paris with her mistress and there fell ill so that she was obliged to go to Hospital. Unfortunately, the illness proved to be a long one and her mistress had to return home, hoping that her maid would soon rejoin her. When at last the poor servant was able to leave the Hospital all she had left of her scanty earnings was *one franc!*

What was she to do? Where to turn? Suddenly the thought flashed across her mind that she had not had her usual monthly Mass offered for the Holy Souls. But she had only one franc! That was little enough to buy her food. Yet her confidence that the Holy Souls would not fail her triumphed. She made her way into a church and asked a priest, just about to say Mass, if he would offer it for the Holy Souls. He consented to do so, never dreaming that the modest alms offered was the only money the poor girl possessed.

At the conclusion of the Holy Sacrifice our heroine left the Church. A wave of sadness clouded her face, she felt utterly bewildered. A young gentlemen, touched by her evident stress, asked her if she was in trouble and if he could help her.

She told her story briefly and ended by saying how much she desired work.

Somehow she felt consoled at the kind way in which the young man listened to what she said and fully recovered her confidence.

"I am delighted beyond measure" he said "to help you. I know a lady who is even now looking for a servant. Come with me" and so saying he led her to a house not far distant and bade her ring the bell, assuring her that she would find work.

The lady was amazed and replied: "Who could have told you that I needed a servant? It was only a few minutes ago, that I had to dismiss my maid and that at a moment's notice. You did not meet her?"

"No Madam, the person that informed me that you required a servant was a young gentleman." Impossible, exclaimed the lady "no young man, in fact, no one at all, could have known that I needed a servant." "But, Madam," the girl answered excitedly "that is the young man who told me" pointing to a picture on the wall. "Why, child, that is my only son who has been dead for more than a year." "Dead or not," asserted the girl with deep conviction in her voice, "it was he who told me to come to you and he even led me to the door. See the scar over his eye, I would know him anywhere."

"Then followed the full story of how she had had Mass offered with her last franc for the Holy Souls, especially for the one nearest to Heaven. Convinced at last of the truth of what Jeanne Marie told her the lady received her with open arms. "Come" she said "but not as my servant but as my dear daughter. You have sent my darling boy to Heaven. I have no doubt that it was he who brought you to me."

### **How a poor boy became a Bishop, a Cardinal and a Saint.**

Peter Damian lost both Father and Mother shortly after his birth. One of his brothers adopted him but treated him with unnatural harshness, forcing him to work hard and giving him poor food and scanty clothing.

One day Peter found a silver piece which represented to him a small fortune. A friend told him that he could conscientiously use it for himself as the owner could not be found. The only difficulty Peter had was to choose what it was most needed for as he was in sore need of many things. While turning the matter over in his young mind it struck him that he could do still a better thing, viz, have a Mass said for the Holy Souls in Purgatory, especially for the souls of his dear parents. At the cost of a great sacrifice he put his thought into effect and had Mass offered.

The Holy Souls repayed his sacrifice most generously. From that day forward a complete change became noticeable in his fortunes. His eldest brother called at the house where he lived and, horrified at the brutal hardships the little fellow was subjected to, arranged that he be handed over to his own care. He clad him and fed him as his own child, educated and cared for him most affectionately.

Blessing followed on blessing. Peter's wonderful talents became known as he was rapidly promoted to the priesthood, sometime after he was raised to the episcopacy and finally created Cardinal. Miracles attested his great sanctity so that after death he was canonised and made Doctor of the Church.

These wonderful graces came to him after that one Mass said for the Holy Souls.

### **An Adventure in the Appenines.**

A group of priests were called to Rome to treat of a grave business matter. They were bearers of important documents and a large sum of money was entrusted to them for the Holy Father. Aware that the Appenines, over which they had to pass, were infested by daring bandits, they chose a trusty driver. There was no tunnel through the mountains nor train in those days.

They placed themselves under the protection of the Holy Souls and decided to say a *De profundis* every hour for them.

When right in the heart of the mountains the driver gave the alarm and, at the same time, lashed the horses into a furious gallop. Looking around, the priests saw fierce bandits at each side of the road with fixed rifles ready to fire. They were amazed that no shot rang out. They were completely at the mercy of the bandits.

After an hour's headlong flight the driver stopped and looking at the Priests said: "I cannot understand how we escaped. These desperadoes never spare anyone."

The Fathers were convinced that they owed their safety to the Holy Souls, a fact, that was afterwards confirmed beyond doubt.

When their business was concluded in Rome one of their number was detained in the Eternal City, where he was appointed chaplain to a Prison. Not long after one of the fiercest brigands in Italy was captured, condemned to death for a long series of murders and awaited execution in this prison. Anxious to gain his confidence the Chaplain told him of several adventures he himself had had and, finally, of his recent escape in the Appenines. The criminal manifested the greatest interest in the story. When it was ended he exclaimed "I was the leader of that band. We thought you had money and we determined to rob and murder you. An invisible force prevented each and all of us from firing, as we assuredly would have done had we been able."

The chaplain then told him of how they had placed themselves under the protection of the Holy Souls and that they ascribed their deliverance to their protection.

The bandit found no difficulty in believing it. In fact it made his conversion more easy. He died full of repentance.

### **How Pius IX cured a bad memory.**

The venerable Pontiff Pius IX appointed a holy and prudent religious Bishop of a diocese. The priest alarmed at the responsibility put on him begged earnestly to be excused.

His protests were in vain. The Holy Father knew his merits.

Overcome with apprehension the humble religious solicited an audience with the Pope, who received him most graciously. Once more, he pleaded earnestly to be excused but the Pope was immovable.

As a last recourse Padre Tomaso told the Holy Father that he had a very bad memory which would naturally prove to be a grave impediment in the high office put on him.

“Your diocese is very small in comparison with the Universal Church, which I carry on my shoulders. Your cares will be very light in comparison with mine.” “I too suffered from a grave defect of memory but I promised to say a fervent prayer daily for the Holy Souls, who, in return, have obtained for me an excellent memory. Do you likewise, dear Father, and you will have cause to rejoice.”

### **The more we give, the more we get.**

A business man in Boston joined the Association of the Holy Souls and gave a large sum of money annually that prayers and Masses might be said for them.

The Director of the Association was surprised at the gentlemen's generosity for he knew that he was not a rich man. He asked kindly one day if the alms he so generously gave was his own offering, or, donations which he gathered from others.

“What I offer, dear father,” he said, “is my own offering. Be not alarmed. I am not a very rich man and you may think that I give more than I am able to do. It is not so, for far from losing by my charity the Holy Souls see to it that I gain considerably more than I give. They are second to none in generosity.”

### **The Printer of Cologne.**

The celebrated printer of Cologne, William Freyssen gives us the following account of how his child and wife were restored to health by the Holy Souls.

William Freyssen got the order to print a little work on Purgatory. Correcting the proofs, his attention was caught by the facts narrated in the book. He learned for the first time what wonders the Holy Souls can work for their friends.

Just at that time his son fell grievously ill and soon the case became desperate. Remembering what he had read about the power of the Holy Souls, Freyssen at once promised to spread, at his own expense, a hundred copies of the book which

his firm was printing. To make the promise more solemn he went to the Church and there made his vow. At once, a sense of peace and confidence filled his soul. On his return home, the boy, who had been unable to swallow a drop of water, asked for food. Next day he was out of danger and soon completely cured.

At once Freyssen ordered the books on Purgatory to be distributed feeling sure that it was the best way to obtain help for the suffering souls, by interesting a hundred people in them. No one who knows what they suffer can refuse to pray for them.

Time passed and a new sorrow fell to the share of the printer. This time his dear wife was stricken down and, despite every care, grew daily worse. She lost the use of her mind and was almost completely paralysed, so that the doctor gave up all hope.

The husband, bethinking him, of what the Holy Souls had done for his boy, again ran to the Church and promised to distribute 200 copies of the books on Purgatory, begging in exchange the urgent succour of the Holy Souls.

Wonderful to relate the mental aberration ceased, his wife's mind became normal, she recovered the use of her limbs, and of her tongue. In a short time she was perfectly restored to health.

*"What souls we can convert by our prayers. The one  
who saves a soul from Hell saves this Soul and his  
own as well"*

*-St. John Vianney*

Copies may be obtained from:

Divine Mercy Prayer Group  
Sacred Heart Church  
Oldpark Road, North Belfast  
Tel 079 3349 2375

077 5615 5965

077 6104 6089

Email [DivineMercyBelfast@gmail.com](mailto:DivineMercyBelfast@gmail.com)



# Jesus, "Thy Kingdom come"

## READ AND WAKE UP

In my long life, writes a priest, I have noticed with amazement how few Catholics give *generously* to the poor and needy, notwithstanding what our Blessed Lord commands them to do.

I have also remarked that *some* Catholics are indeed, very generous and good. Some care for the poor, others look after the sick. Lepers, consumptives, cancer patients, the mentally deficient, all have their friends. Some prefer to help the young, the hearts of others go out to the old. All the various classes of the poor and needy find champions though, as I have said, these are not nearly as many and generous as they should be.

The strangest thing of all is that I have never met one man or woman who has dedicated himself or herself *entirely*, whole-heartedly to the greatest of all charities, to the greatest of all the needy — viz the Holy Souls in Purgatory.

There may be a few who do so but in my *long* and *very varied* experience I never met any.

Alas! the words of this good priest are only too true.

We appeal to those who have not as yet dedicated themselves to any particular form of charity to dedicate all their energies to the Holy Souls. Let them do what they can *personally* and also induce others to help.

# Jesus, "I trust in you"

Jesus said.

“Therefore I tell you,  
whatever you ask  
in prayer,

**Believe**

that you have received it, and it will be  
yours.”

Mark 11:24

### **Novena to St. Monica**

Dear St. Monica, troubled wife and mother, many sorrows pierced your heart during your lifetime. Yet, you never despaired or lost faith. With confidence, persistence and profound faith, you prayed daily for the conversion of your children and husband. Inspired by your faithfulness I ask you to intercede for me, Mary the Mother of God, on behalf of (state name(s) here) that God will grant his/her/their conversion.

Dear St. Monica I have full confidence, that your prayers and the prayers of our Blessed Mother will gain favourable hearing in Heaven. Mother of a sinner-turned saint; obtain for me patience, perseverance and the total trust in God’s perfect timing. In God’s appointed hour, in His merciful way, may He respond to your prayer and mine, which I offer through you and the Blessed Virgin Mary for His greater honour and glory. Amen

# 'Nothing can stop God's plan for your life'

-ISAIAH 14:27

*St Paul's Letters*

## **The dead and the living at the time of the Lord's coming**

We want you to be quite certain, brothers, about those who have fallen asleep, to make sure that you do not grieve for them, as others do who have no hope. We believe that Jesus died and rose again, and that in the same way God will bring with him those who have fallen asleep in Jesus. We can tell you this from the Lord's own teaching, that we who are still alive for the Lord's coming will not have any advantage over those who have fallen asleep. At the signal given by the voice of the Archangel and the trumpet of God, the Lord himself will come down from Heaven; those who have died in Christ will be the first to rise, and only after that shall we who remain alive be taken up in the clouds, together with them, to meet the Lord in the air. This is the way we shall be with the Lord forever. With such thoughts as these, then, you should encourage one another.

*To whoever reads this, I hope something good  
happens to you today.*

*Jesus*

## PRAYER FOR EVERYONE

Lord Jesus I invite You into my life this day. I ask You to be my light and my guide. I ask for your guidance and your protection. Please help me and my family to stay on a straight path to a good and safe future. Thank You Lord Jesus for Your loving kindness and for everything in my life. Please help me to understand the plan You have for me. Help me to see You Lord Jesus in every human being who I meet this day. Help me always to be humble and to show humility at all times.

Help me Lord Jesus to become the person,  
You want me to be.

## PSALM 41

“For I, the Lord, your God, I am holding you by the right hand; I tell you, “Do not be afraid, I will help you.”

Jesus I Trust In You

Divine Mercy Chaplet in Song every Friday at 3pm.  
Sacred Heart Church, Oldpark Road, North Belfast.

## PRAYER FOR HEALING

When we pray this prayer, our Lord gently and gradually removed layers of emotional scar tissue while we sleep allowing us to be happier people.

## HEALING PRAYER AT BEDTIME

Jesus, through the power of the Holy Spirit, go back into my memory as I sleep. Every hurt that has ever been done to me... heal that hurt. Every hurt that I have ever caused to another person... heal that hurt. All the relationships that have been damaged in my whole life that I am not aware of... heal those relationships. But Lord, if there is anything that I need to do... if I need to go to a person because he is still suffering from my hand, bring to my awareness that person.

choose to forgive, and I ask to be forgiven. Remove whatever bitterness may be in my heart, Lord, and fill the empty spaces with your Love. Thank you Jesus.

Amen.

Divine Mercy Chaplet in Song every Friday at 3pm.  
Sacred Heart Church, Oldpark Road, North Belfast.

## MIRACLE PRAYER

Lord Jesus, I come before you just as I am. I am sorry for my sins, I repent of my sins. Please forgive me. In your name, I forgive all others for what they have done against me. I renounce Satan, the evil spirits and all their works. I give you my entire self, Lord Jesus, now and forever,

I invite you into my life Jesus.

I accept you as my Lord, God and Saviour.  
Heal me, change me, strengthen me in body,  
soul and spirit.

Come Lord Jesus, cover me with your precious blood and fill me with your Holy Spirit - I love you  
Lord Jesus - I praise you Jesus, I thank you Jesus  
- I shall follow you every day of my life.

Amen

Mary my Mother, Queen of Peace, all of  
the Angels and Saints, please help me.

*"Have Courage! It is I. Do not be afraid."*

MATTHEW 14. 27





*Jesus I Trust In You*

## *Thank You Jesus*

**From The Diary of Sr, Faustina** Jesus gave the message of Divine Mercy to a Polish nun Sr. Maria Faustina Kowalska.



**Jesus said "Let no soul fear to come to Me, even if its sins be as scarlet"** Jesus loves each one of us. His greatest agony during His passion was the knowledge of so many souls that would be lost to eternal damnation simply because they would not turn back to Him or TRUST Him. Jesus wants everyone to pray the Three O'Clock Prayer every day. Beg Jesus at this hour to have mercy on all poor souls who are

about to die and are on their way to eternal damnation. No greater act of Mercy can you pray for.

**Three O'Clock Prayer:** You expired, Jesus but the source of life gushed forth for souls and an ocean of Mercy opened up for the whole world, O Fount of Life, unfathomable Divine Mercy, envelope the whole world and empty yourself out upon us. O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us. I trust in You.

### **Chaplet of the Divine Mercy**

Begin with the Our Father, Hail Mary, the Apostles' Creed. On the large bead before the decade say: **Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.** On the ten small beads of each decade say: **For the sake of His sorrowful Passion, have mercy on us and on the whole world.** Conclude by saying three times: **Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.**

**Jesus said" Say unceasingly this chaplet, anyone who says it will receive great mercy at the hour of death. Priests will recommend it to sinners as their last hope. If the most hardened sinner recites this chaplet only once, they will receive grace from My infinite Mercy. I want the whole world to know of My infinite Mercy. I will give unimaginable graces to those who trust in My Mercy".**

Jesus asked Faustina to write down the following: **"Write that when they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as a just judge but as the Merciful Saviour"**

**Jesus said "I desire the Feast of Mercy to be celebrated with great solemnity on the first Sunday after Easter".** This Feast is to be preceded by the nine day Divine Mercy Novena, beginning on Good Friday. The chaplet is part of the novena and there is also special prayer for each day. Jesus said **"The soul that will go to confession and receive Holy Communion (on the feast of Mercy) shall obtain complete forgiveness of sins and punishment"**

Divine Mercy Chaplet in Song every Friday at 3pm

Sacred Heart Church, Oldpark Road, North Belfast.

Email: [DivineMercyBelfast@gmail.com](mailto:DivineMercyBelfast@gmail.com)